

3 1/2 Gallon 3-way Popcorn

E1037N

Nutrition Facts

Serving Size
Servings Per Container

Butter Popcorn
1 oz. (28g) = About 2 cups
about 9

Cheese Popcorn
1 oz. (28g) = About 2 cups
about 8-1/2

Caramel Popcorn
1 oz. (28g) = About 2/3 cups
about 30

Amount Per Serving

Calories

160

160

100

Calories From Fat

110

100

20

% Daily Value*

% Daily Value*

% Daily Value*

Total Fat

12g 18%

12g 18%

2g 3%

Saturated Fat

1.5g 8%

1.5g 8%

0g 0%

Trans Fat

0g

0g

0g

Cholesterol

0mg 0%

0mg 0%

0mg 0%

Sodium

160mg 7%

220mg 9%

135mg 6%

Total Carbohydrate

12g 4%

12g 4%

22g 7%

Dietary Fiber

2g 8%

2g 8%

1g 4%

Sugars

0g

1g

12g

Protein

2g

2g

0g

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat Less than 65g 80g
Sat Fat Less than 20g 25g
Cholesterol Less than 300mg 300mg
Sodium Less than 2400mg 2400mg
Total Carbohydrate 300g 375g
Dietary Fiber 25g 30g

Vitamin A 0%

Vitamin A 0%

Vitamin A 0%

Vitamin C 0%

Vitamin C 0%

Vitamin C 0%

Calcium 0%

Calcium 2%

Calcium 0%

Iron 2%

Iron 2%

Iron 0%

Ingredients: BUTTER POPCORN: POPCORN, CORN OIL, SALT, BUTTER OIL, BETA CAROTENE (COLOR). CHEESE POPCORN: POPCORN, CORN OIL, WHITE CHEDDAR CHEESE SEASONING, (CHEDDAR CHEESE [MILK, CHEESE CULTURES, SALT, ENZYMES], WHEY, BUTTERMILK, MALTODEXTRIN, SALT, DISODIUM PHOSPHATE), CHEDDAR CHEESE SEASONING (WHEY, CANOLA OIL, MALTODEXTRIN, CHEDDAR CHEESE [CULTURED MILK, SALT, ENZYMES], SALT, WHEY PROTEIN CONCENTRATE, NONFAT DRY MILK, DISODIUM PHOSPHATE, MONOSODIUM GLUTAMATE, CITRIC ACID, ARTIFICIAL COLORS [FD&C YELLOW 5, YELLOW 6], LACTIC ACID), SALT, BETA CAROTENE (COLOR). CARAMEL POPCORN: CORN SYRUP SOLIDS, BROWN SUGAR, SUGAR, POPCORN, CORN OIL, BUTTER (CREAM, SALT), MOLASSES, SALT, SOY LECITHIN (AN EMULSIFIER), BETA CAROTENE (COLOR).

CONTAINS MILK AND SOY.

May Contain Egg, Peanuts, Tree Nuts And Wheat Ingredients.



The Popcorn Factory
Lake Forest, IL 60045
www.thepopcornfactory.com
1-800-541-2676

REV. A

3 LB (1344g) ⓈD

2 Gallon 3-way Popcorn

E1027N

Nutrition Facts

Serving Size
Servings Per Container

Butter Popcorn
1 oz. (28g) = About 2 cups
about 6-1/2

Cheese Popcorn
1 oz. (28g) = About 2 cups
about 7

Caramel Popcorn
1 oz. (28g) = About 2/3 cups
about 20

Amount Per Serving

Calories

160

160

100

Calories From Fat

110

100

20

% Daily Value*

% Daily Value*

% Daily Value*

Total Fat

12g **18%**

12g **18%**

2g **3%**

Saturated Fat

1.5g **8%**

1.5g **8%**

0g **0%**

Trans Fat

0g

0g

0g

Cholesterol

0mg **0%**

0mg **0%**

0mg **0%**

Sodium

160mg **7%**

220mg **9%**

135mg **6%**

Total Carbohydrate

12g **4%**

12g **4%**

22g **7%**

Dietary Fiber

2g **8%**

2g **8%**

1g **4%**

Sugars

0g

1g

12g

Protein

2g

2g

0g

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories:	2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2400mg	2400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Ingredients: BUTTER POPCORN: POPCORN, CORN OIL, SALT, BUTTER OIL, BETA CAROTENE (COLOR). CHEESE POPCORN: POPCORN, CORN OIL, WHITE CHEDDAR CHEESE SEASONING, (CHEDDAR CHEESE [MILK, CHEESE CULTURES, SALT, ENZYMES], WHEY, BUTTERMILK, MALTODEXTRIN, SALT, DISODIUM PHOSPHATE), CHEDDAR CHEESE SEASONING (WHEY, CANOLA OIL, MALTODEXTRIN, CHEDDAR CHEESE [CULTURED MILK, SALT, ENZYMES], SALT, WHEY PROTEIN CONCENTRATE, NONFAT DRY MILK, DISODIUM PHOSPHATE, MONOSODIUM GLUTAMATE, CITRIC ACID, ARTIFICIAL COLORS [FD&C YELLOW 5, YELLOW 6], LACTIC ACID), SALT, BETA CAROTENE (COLOR). CARAMEL POPCORN: CORN SYRUP SOLIDS, BROWN SUGAR, SUGAR, POPCORN, CORN OIL, BUTTER (CREAM, SALT), MOLASSES, SALT, SOY LECITHIN (AN EMULSIFIER), BETA CAROTENE (FOR COLOR).

CONTAINS MILK AND SOY.

May Contain Egg, Peanuts, Tree Nuts And Wheat Ingredients.

**THE
POPCORN
FACTORY**
Celebrate Deliciously™

The Popcorn Factory
Lake Forest, IL 60045
www.thepopcornfactory.com
1-800-541-2676

REV. A

2 LB 2 oz (952g) @D